# PROFESSIONAL SUMMARY

Highly effective Family Nurse Practitioner with extensive Internal Medicine, Urgent Care and Emergency Department experience committed to providing compassionate, quality care to patients of all ages and backgrounds. Skilled at performing clinical assessments, managing acute and chronic illness, and creating a caring healthcare environment with excellent patient outcomes.

# EXPERIENCE

#### **APRN/Nurse Practitioner**

### One Medical, Inc.- Honolulu, HI

- Specializing in regenerative treatment for Arthritis and Peripheral Neuropathy
- Integrated medical care using Laser technology, Hako-Med Electrical Stimulation and advanced diagnostic techniques including Epidermal Nerve Fiber Density and TM Flow testing
- Assisted practice owner in becoming Medicare-certified and becoming an integrated medical practice
- Implemented IV Nutritional Infusions and Injections into the practice

### Family Nurse Practitioner

# Adventist Health Physician's Network Rapid Care -Hanford, CA

- Primary provider in an Urgent Care setting providing acute care to all ages
- Prescribing medications/therapeutic interventions
- Ordering and interpreting diagnostic procedures and tests
- Proficient in clinical procedures such as Suturing, Joint and Trigger Point Injections, Incision and Drainage, Cryotherapy, Toenail Excisions, and Splinting
- Responsible for improving throughput and patient satisfaction in a busy practice seeing 30-50 patients per day

### Nurse Practitioner

### Comprehensive Medical Group - Delano, CA

- Provided primary care services in an independent medical practice seeing 20-35 patients per day
- Management of acute and chronic diseases including Diabetes, HTN, CHF, Asthma, COPD, Heart Disease and Mental Illness for a diverse patient population
- Comprehensive care of the individual incorporating holistic principles to improve patient health and outcomes

# **Clinical Nurse Manager-Emergency Department**

### Kaweah Delta Health Care District -Visalia, CA

- Clinical Manager for a 90,000 visit per year ED/Level III Trauma Center
- Supervised staff of 90 RNs and 35 ancillary staff
- Instructed staff on Six Sigma and LEAN processes, and led a team to reorganize the physical layout of Emergency Department rooms to facilitate more efficient care of the patient
- Obtained JCAHO certification as a Primary Stroke Center

### **October 2016 – March 2018**

## May 2022 - Present

## April 2018 – April 2022

### August 2012 - July 2013

#### **Clinical Nurse Manager/Clinical Nurse Specialist - Emergency Department**

Exempla Lutheran Medical Center - Wheatridge, CO

- Clinical and financial oversight for 60-bed ED with 71,000/year visits/ Level II Trauma designation
- Opened the first Senior Emergency Room in Colorado
- Implemented a Behavioral Health Tech program to improve care of psychiatric patients
- Implemented the SBIRT (Screening, Brief Intervention and Referral to Treatment) program, an evidenced-based program designed to reduce alcohol use in high-risk drinkers

# SKILLS

- Arranging referrals and medical consults
- Risk management
- Patient education/counseling
- Policy and procedure development
- Conflict resolution

# **EDUCATION**

**Doctorate of Nursing (N.D.)** University of Colorado Health Sciences Center

## Master of Science in Nursing (M.S.N.)

Family Nurse Practitioner Program Chamberlain College of Nursing

### **Bachelor of Science in Business Administration**

University of Colorado at Denver

# PROFESSIONAL LICENSES AND CERTIFICATIONS

- Board Certification-Family Nurse Practitioner: American Academy of Nurse Practitioners
- Advanced Practice Registered Nurse with prescriptive authority: State of Hawaii
- Registered Nurse-State of Hawaii
- DEA License: Controlled Substances II-V
- BLS
- ACLS

# **PROFESSIONAL AFFILIATIONS**

• American Association of Nurse Practitioners

# PROFESSIONAL PRESENTATIONS AND SCHOLARLY ACTIVITIES

- Co-developed and instructed a Certified Emergency Nursing (CEN) Review Course
- Presented 1 hr. CE offering: "Preventing the Tragedy of Teenage Suicide" at the Colorado State ENA Conference in April 2011
- Poster Presentation at Emergency Nurses Association Leadership Conference: "A New Model for Treating Psychiatric Patients in the Emergency Department: A Performance Improvement Project

- Process implementation
- EHR Documentation
- IV Infusion and Injectibles

June 2016

May 2000

May 1991

November, 2008 - July 2012